

LESSONS FROM PASSIVE SCHOOLS

PRESENTED BY

ARROWSTREET

Thornton Tomasetti







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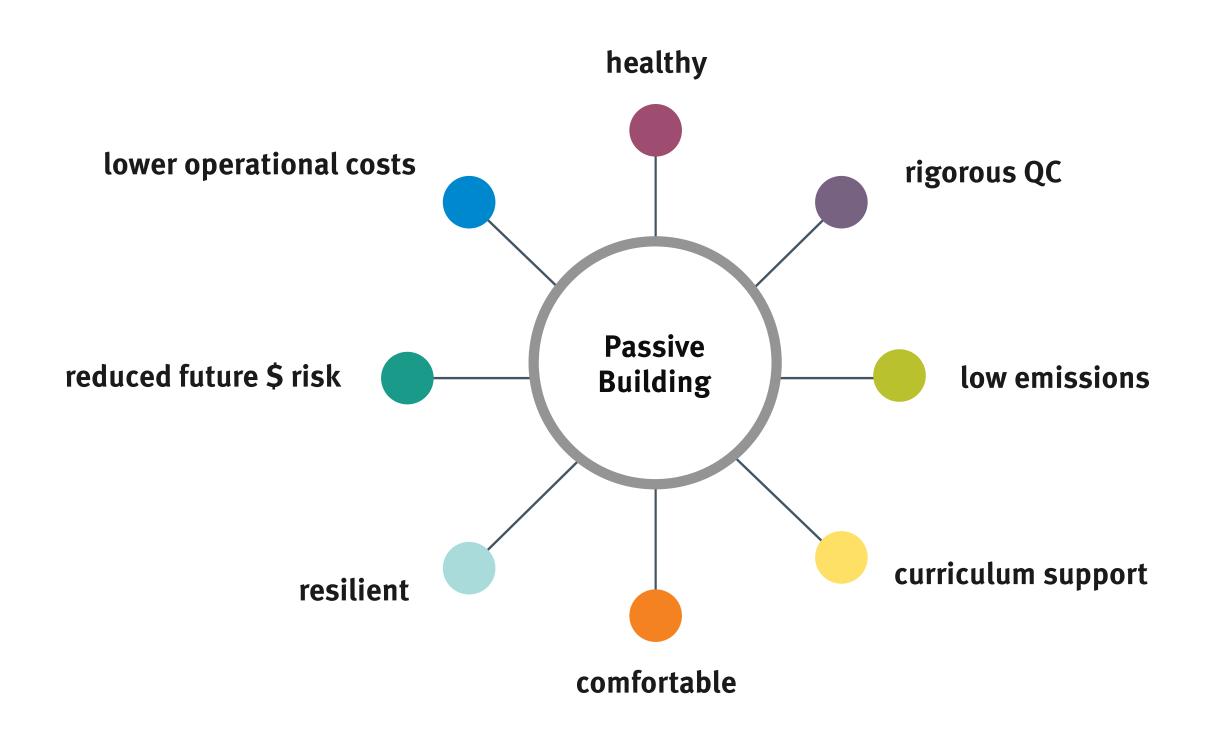
Thornton Tomasetti

LEARNING OBJECTIVES

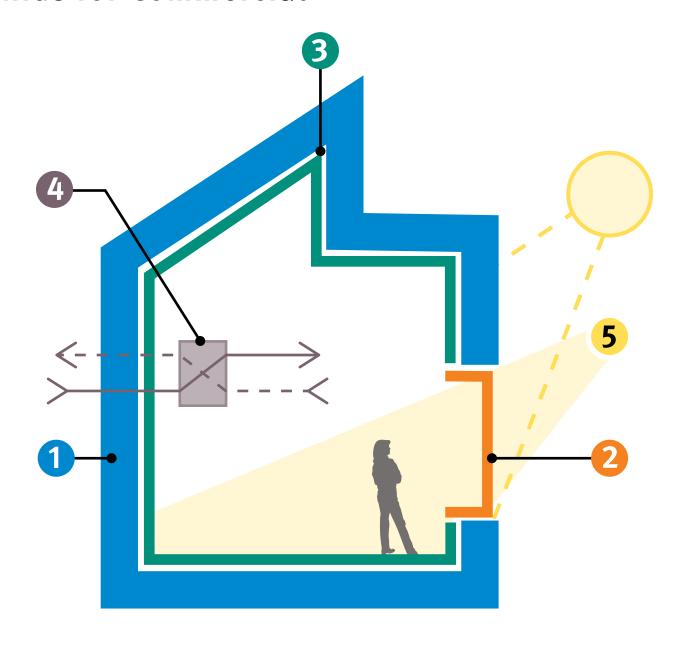
- Recognize unique Passive Building strategies for schools that are different than other building types
- Develop specific exterior assemblies for schools pursuing Phius certification
- Implement WUFI Passive /METr modeling with school building considerations and challenges
- Determine pathway for Phius for non-residential projects

WHY PASSIVE BUILDINGS FOR SCHOOLS

BENEFITS OF PASSIVE BUILDING



Phius for Commercial



- 1. Continuous High R Insulation
- 2. High Performance Windows
- 3. Air Tight Enclosure
- 4. Balanced Ventilation with Heat Recovery
- 5. Optimized Solar Orientation



BASED ON CLIMATE, ENVELOPE & FLOOR AREA, OCCUPANCY

ALLOWANCE/SF 0.06 CFM50/SF PEAK HEATING LOAD

ANNUAL HEATING DEMAND

PEAK COOLING LOAD

ANNUAL COOLING DEMAND

ANNUAL SOURCE ENERGY AIR TIGHTNESS

MOISTURE CONTROL
GLAZING COMFORT/
CONDENSATION
WATER EFFICIENCY
EV READY
PV READY

Phius for Commercial

Unlike residential, commercial projects do not gain additional certifications but components of those programs need to be met



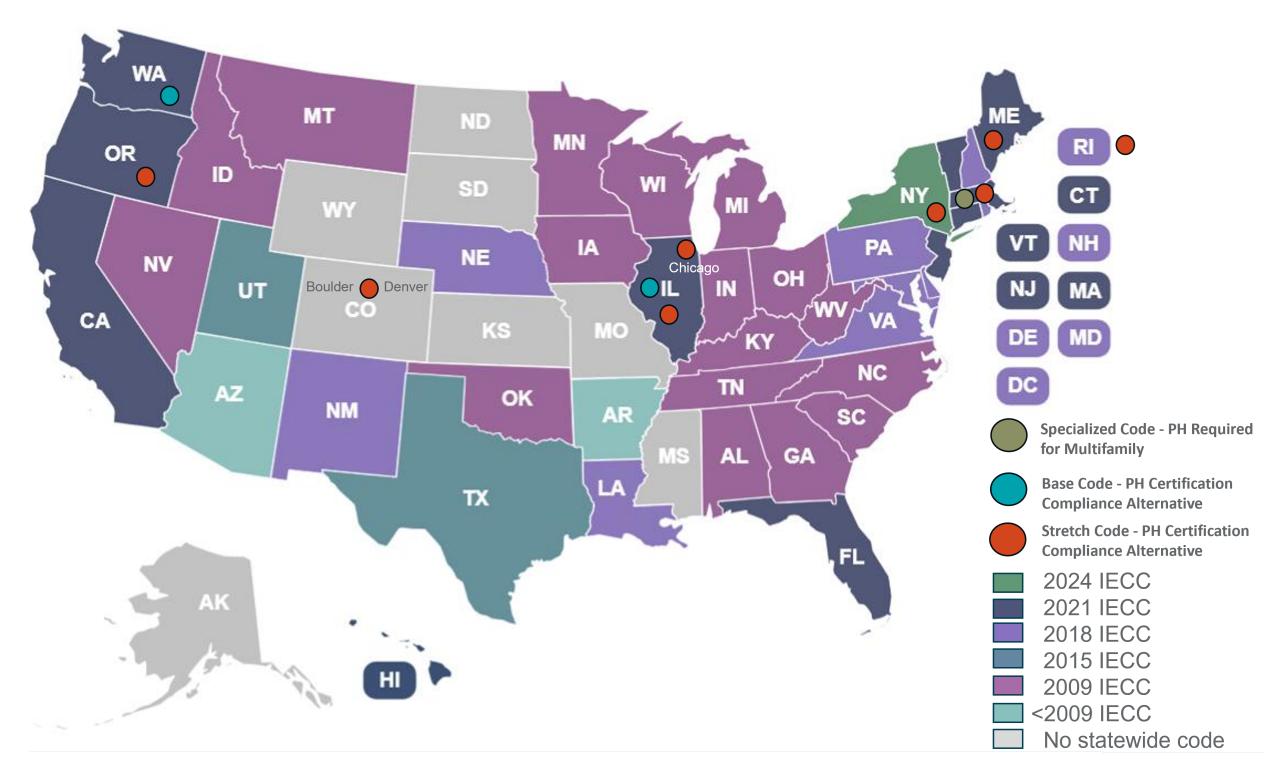




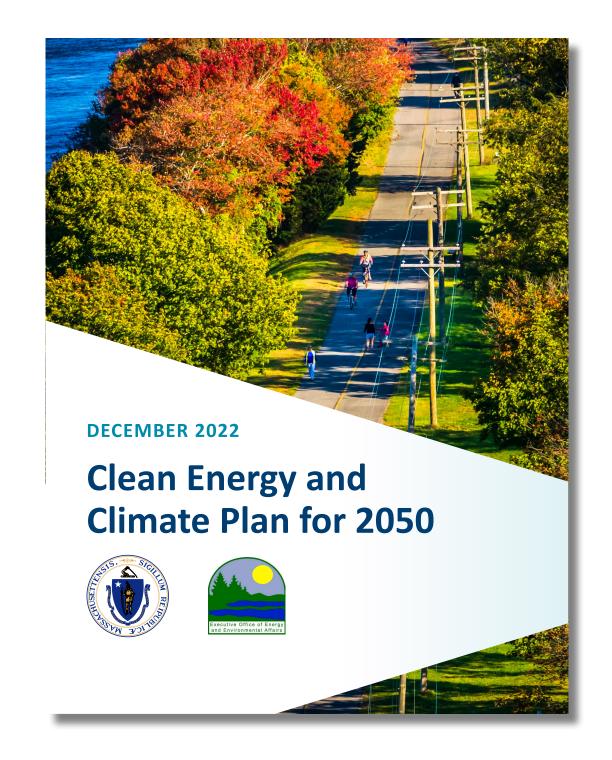


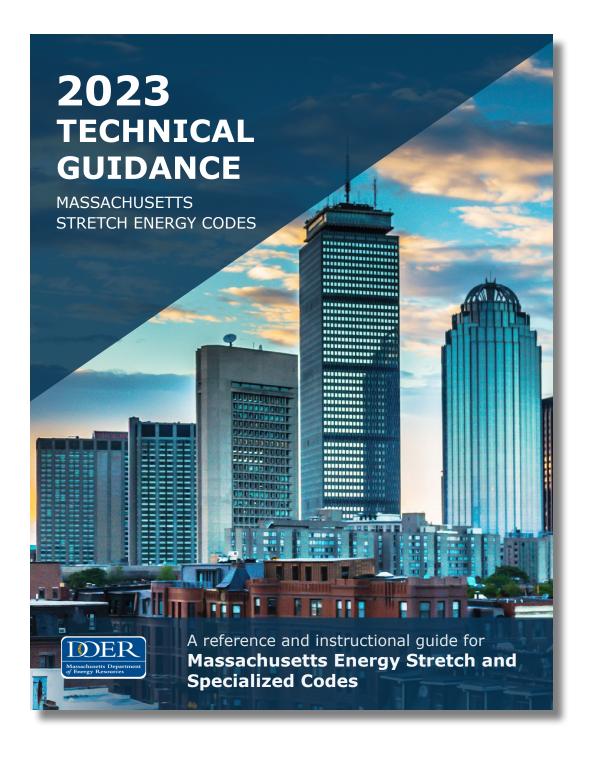
POLICY INFLUENCING PASSIVE BUILDING

PASSIVE HOUSE CERTIFICATION COMPLIANCE IN CODES

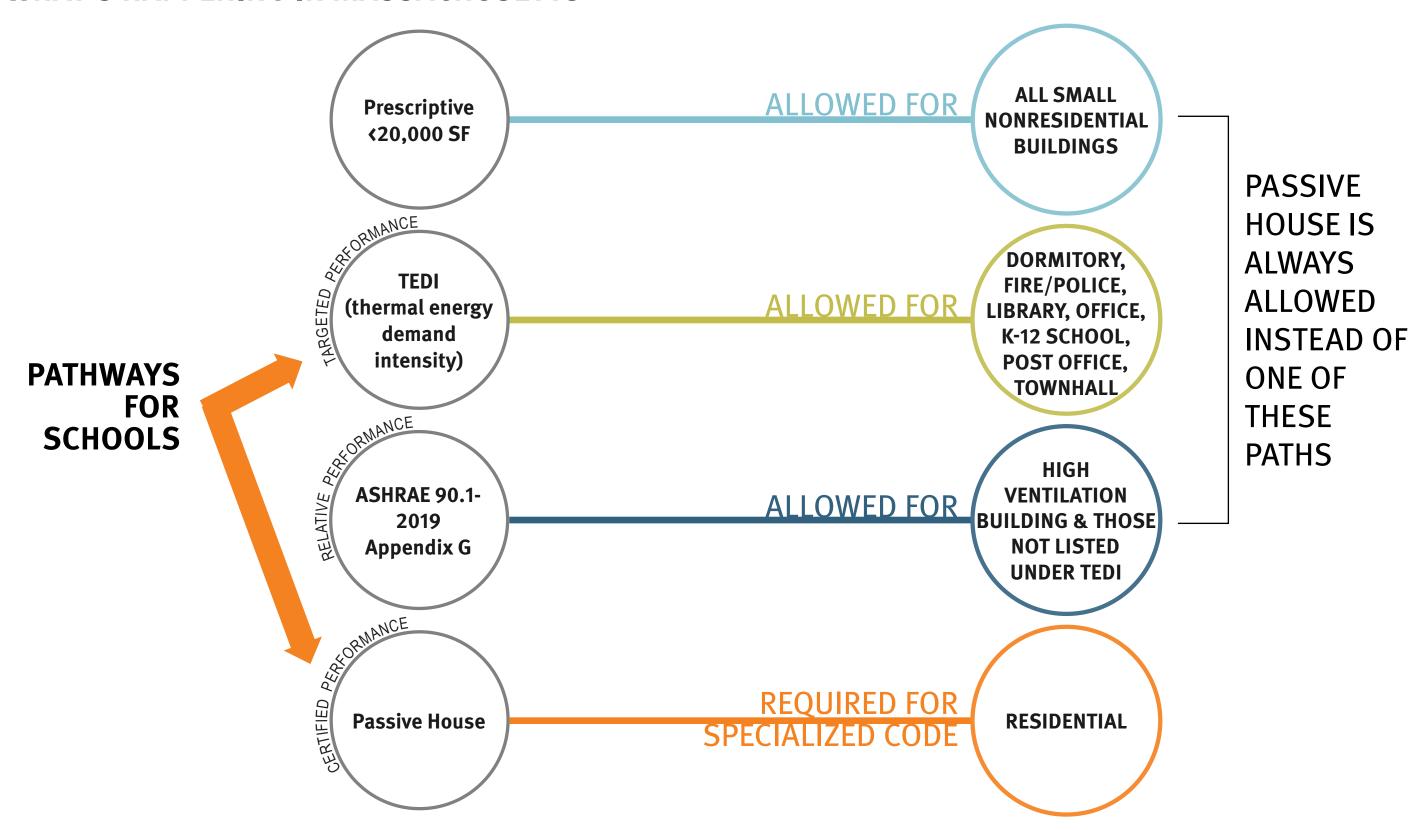


WHAT'S HAPPENING IN MASSACHUSETTS

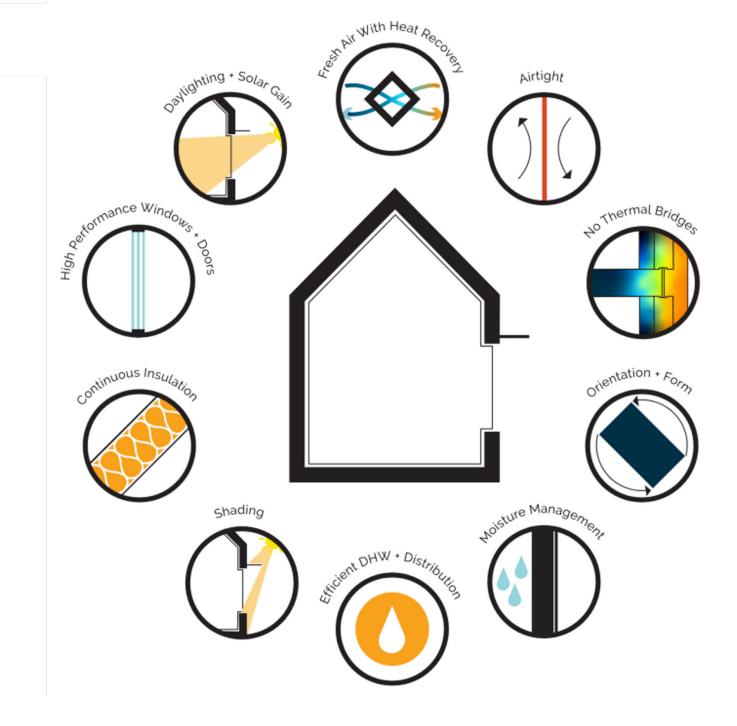




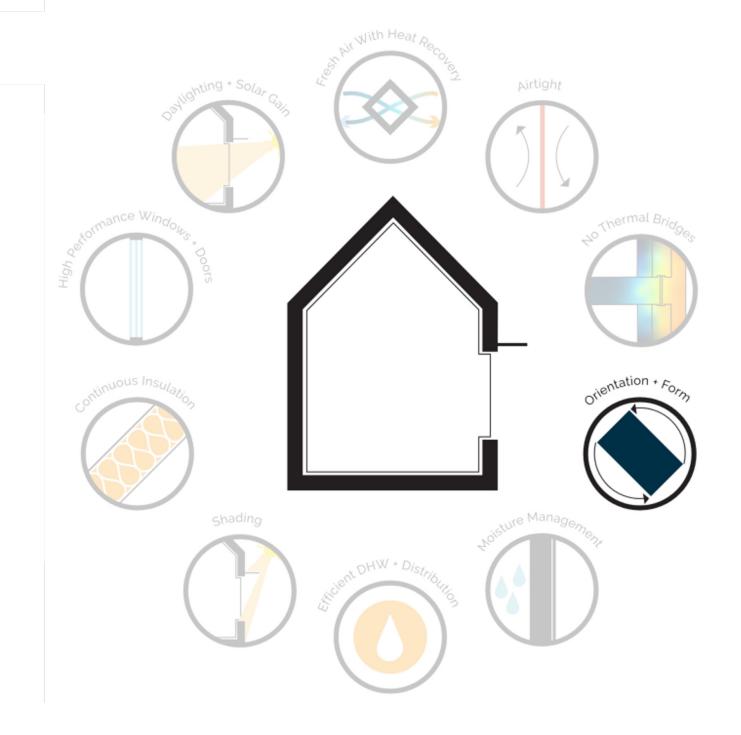
WHAT'S HAPPENING IN MASSACHUSETTS



FEASIBILITY STUDIES

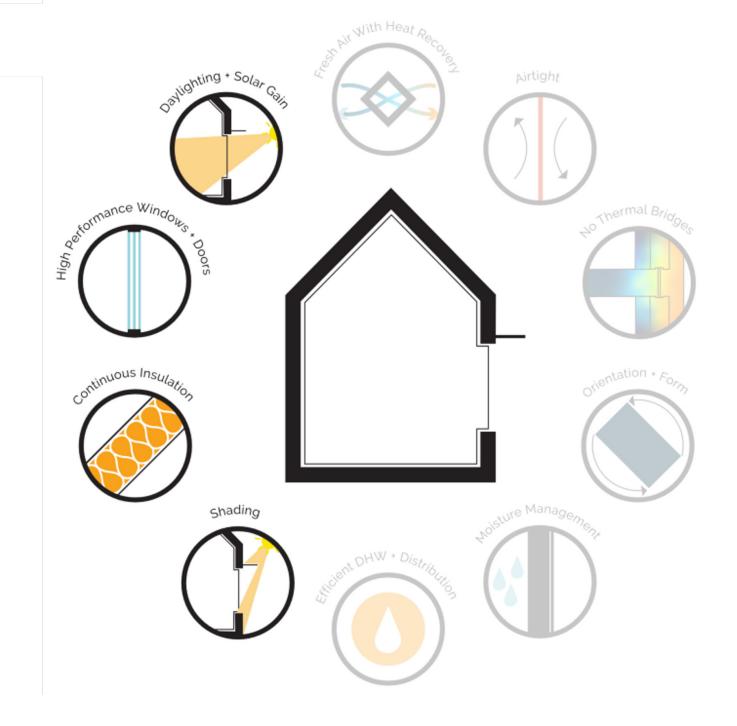


ENGAGING PHIUS EARLY PUTS PROJECTS IN THE RIGHT DIRECTION



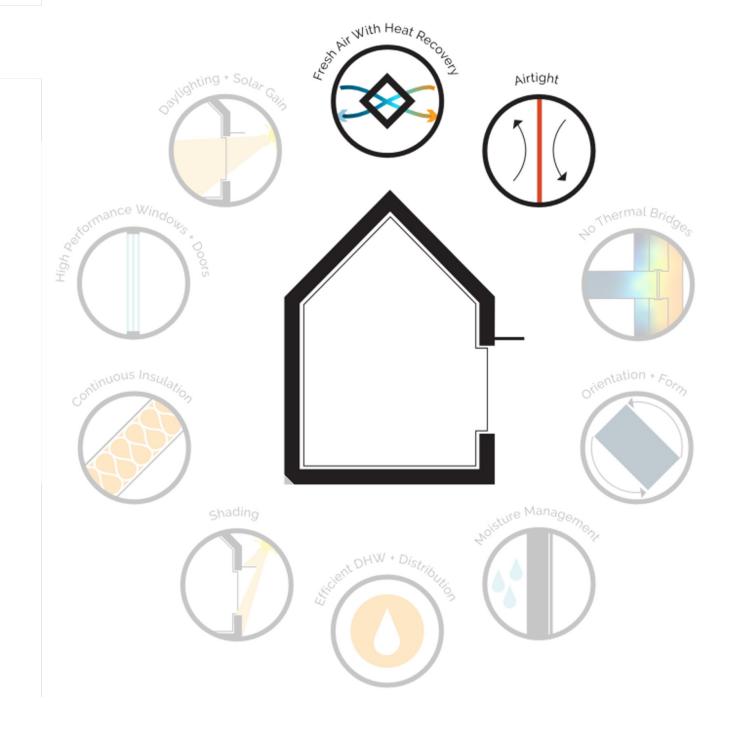
ENGAGING PHIUS EARLY PUTS PROJECTS IN THE RIGHT DIRECTION

Geometry development Custom climate data



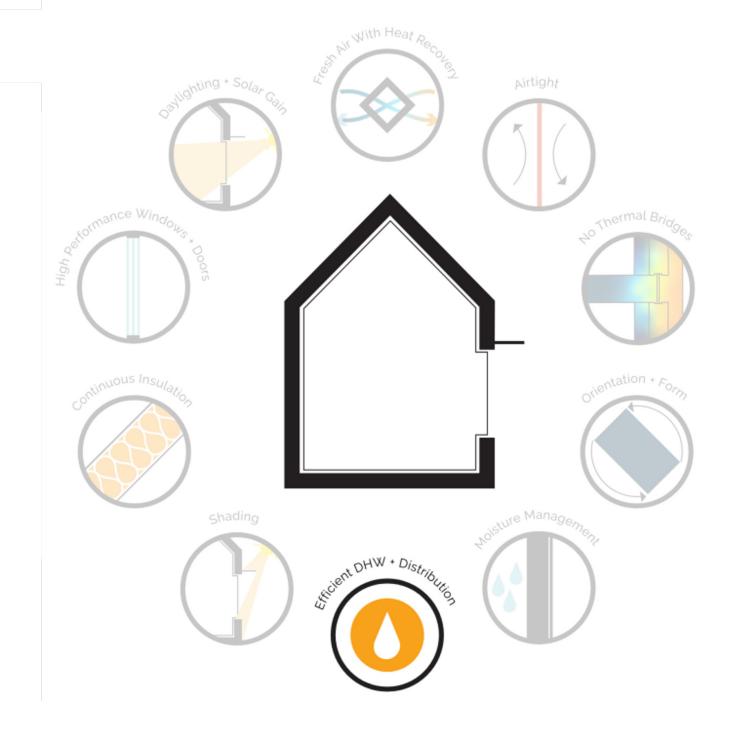
ENGAGING PHIUS EARLY PUTS PROJECTS IN THE RIGHT DIRECTION

Geometry development
Custom climate data
Window comfort criteria
Comments on envelope optimization



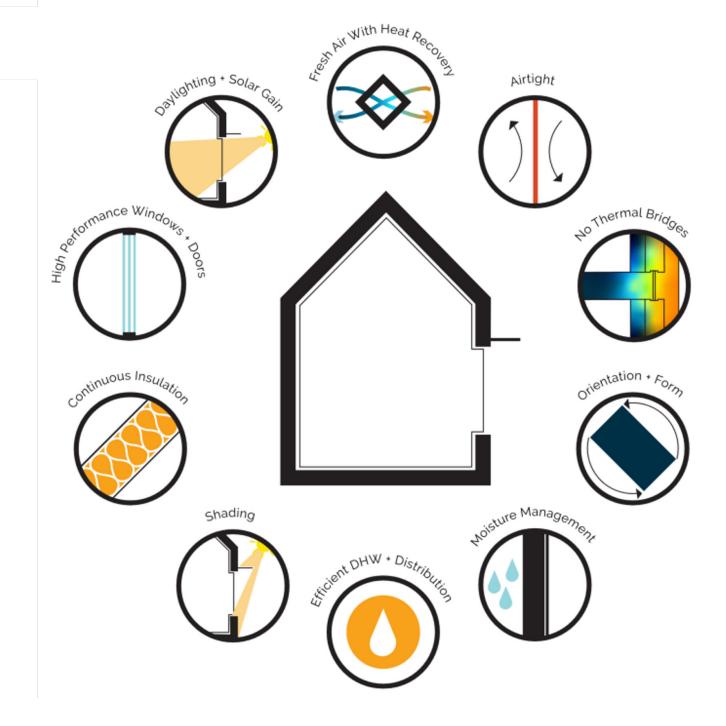
ENGAGING PHIUS EARLY PUTS PROJECTS IN THE RIGHT DIRECTION

Geometry development
Custom climate data
Window comfort criteria
Comments on envelope optimization
Coordination on ventilation approach



ENGAGING PHIUS EARLY PUTS PROJECTS IN THE RIGHT DIRECTION

Geometry development
Custom climate data
Window comfort criteria
Comments on envelope optimization
Coordination on ventilation approach
Estimates on office and kitchen equipment
DHW usage calculations



ENGAGING PHIUS EARLY PUTS PROJECTS IN THE RIGHT DIRECTION

Geometry development
Custom climate data
Window comfort criteria
Comments on envelope optimization
Coordination on ventilation approach
Estimates on office and kitchen equipment
DHW usage calculations

Evaluation of key questions:

Squantum ES flat vs pitched roof
Revere HS ER%

+ All non-residential atypical situations

CASE STUDIES SQUANTUM SCHOOL, CHARLESWOOD SCHOOL, REVERE HIGH SCHOOL



Phius CORE COMM 2024

LEED Schools Gold

380 STUDENTS

K-5 GRADES

80,000 GSF

2 STORIES

CONSTRUCTION MAR 2025 - JULY 2027



ENVELOPE

20.3% WWR

R-60 ROOF

R-28 WALLS

R-45 FLOORS

R-20 SLABS

U-0.15/SHGC 0.33 FIXED & OPERABLE GLAZING

0.06 CFM/SF @50pa AIR TIGHTNESS

* Wall R-values include clear field but not linear derating



SYSTEM HIGHLIGHTS

pEUI 25

Ground Source Heat Pumps

Radiant Heating

Displacement Ventilation w/ Energy Recovery & Demand Control

Heat Pump Hot Water

Daylight Controls & LED Lighting

On-site PV

	Technology	Estimated Construction Cost	Rate ¹	Estimated Incentive
Sec 48 Alternative Energy Investment Tax Credit	Solar	\$1,400,000	25.5%	\$357,000
	Ground Source Heat Pump	\$8,507,000	34%	\$2,892,380
Mass Save	Path 1			\$586,400
MA EVIP Public Access ²	EV charging	\$56,000	100%	\$50,000

2. Assumes supplying 4 EVSE

\$9,963,000

Construction Cost Total

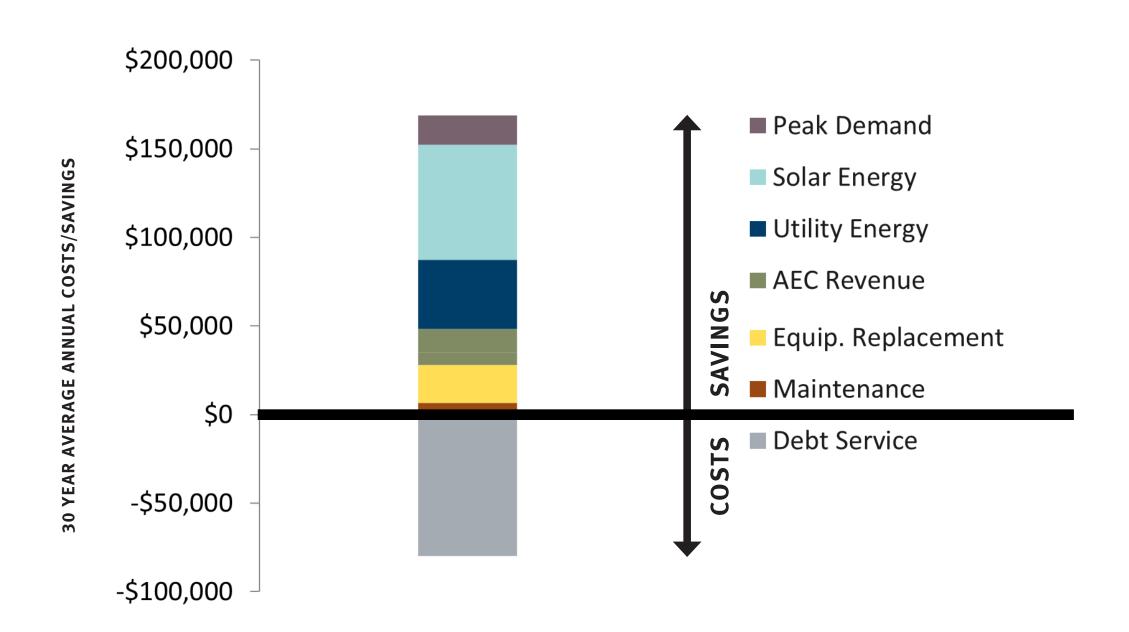
\$6,077,220

w/ Incentive

\$3,885,780

Potential Incentive Total

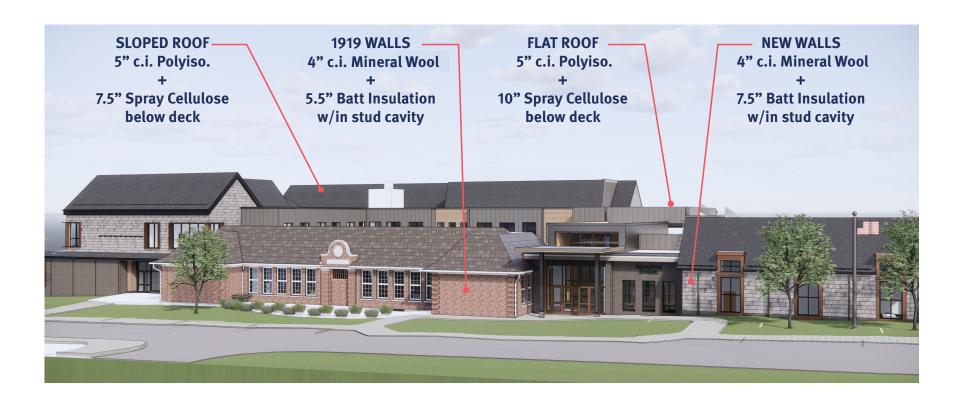
^{1.} Assumed using tax-exempt bonds

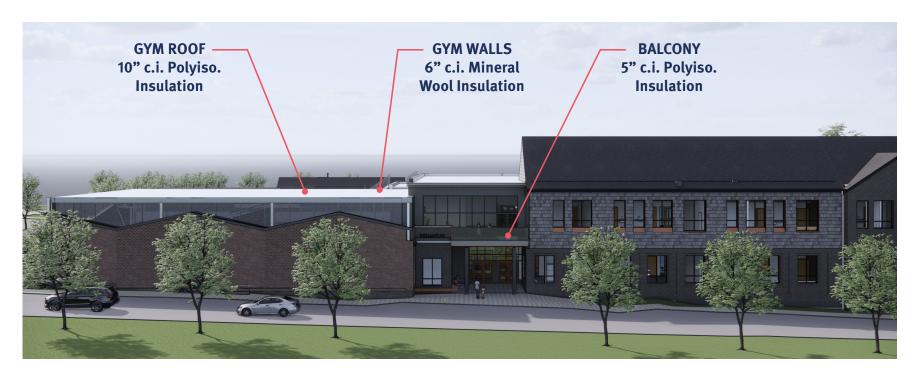


OPERATIONAL SAVINGS

30 Year total \$2,450,000

Savings start year 1

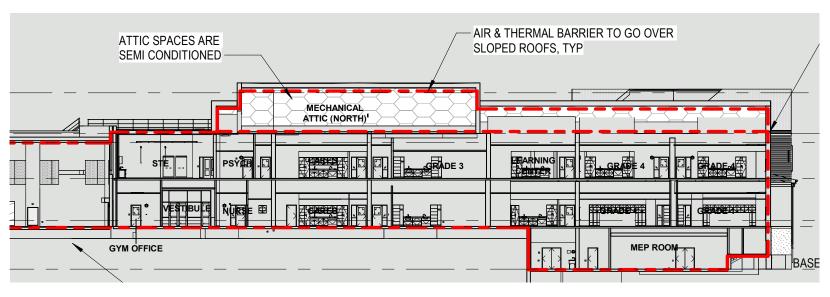




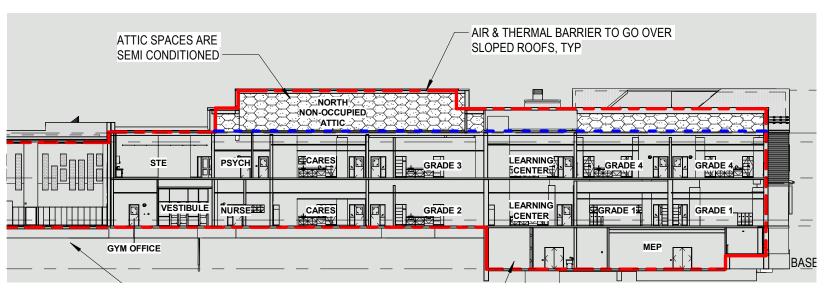
ENVELOPE ASSEMBLIES



THERMAL/AIR BOUNDARY

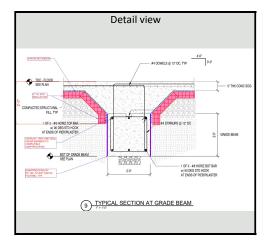


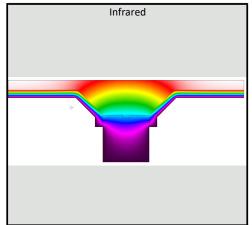
AT SLOPE



AT FLOOR

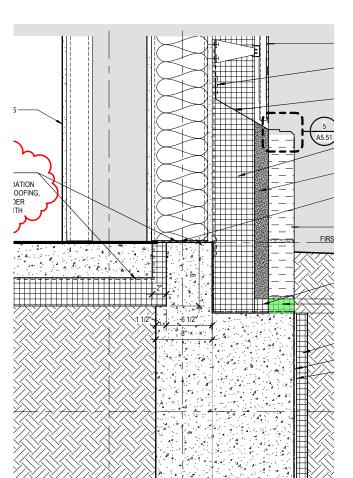
THERMAL BRIDGE **MITIGATION**





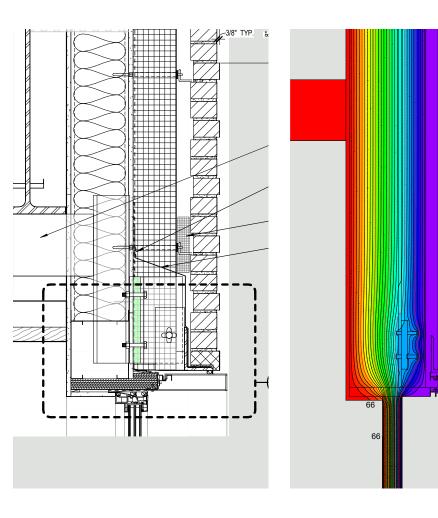
GRADE BEAMS

PSI 0.684





PERIMETER BASE PSI 0.116



RELIEVING ANGLE PSI 0.017

CHARLESWOOD ELEMENTARY



Phius CORE COMM 2021

LEED Schools Gold

1,185 STUDENTS

K-5 GRADES

170,000 GSF

3 STORIES

COMPLETION 2027

CHARLESWOOD ELEMENTARY



ENVELOPE

169,600 iCFA

18.7% WWR

R-54 ROOF

R-25 WALLS

R-15 SLABS

U-0.19 FIXED GLAZING U-0.22 OPERABLE

0.06 CFM/SF @50pa AIR TIGHTNESS

* Wall R-values include clear field but not linear derating

CHARLESWOOD ELEMENTARY



SYSTEM HIGHLIGHTS

Distributed Ground Source Heat Pumps

Dedicated Outside Air System w/ Energy Recovery & Demand Control

Electric Resistance Hot Water

Daylight Controls & LED Lighting

On-site PV



Phius CORE COMM 2024

LEED Schools Gold

2,450 STUDENTS

9-12 GRADES

426,000 GSF

6 STORIES

COMPLETION 2028

ENVELOPE



426,000 iCFA

11.2% WWR

R-63 ROOF

R-28 WALLS

R-35 FLOOR

U-0.17 FIXED GLAZING U-0.27 OPERABLE

0.086 CFM/SF @50pa AIR TIGHTNESS

* Wall R-values includes clear field but not linear derating



SYSTEM HIGHLIGHTS

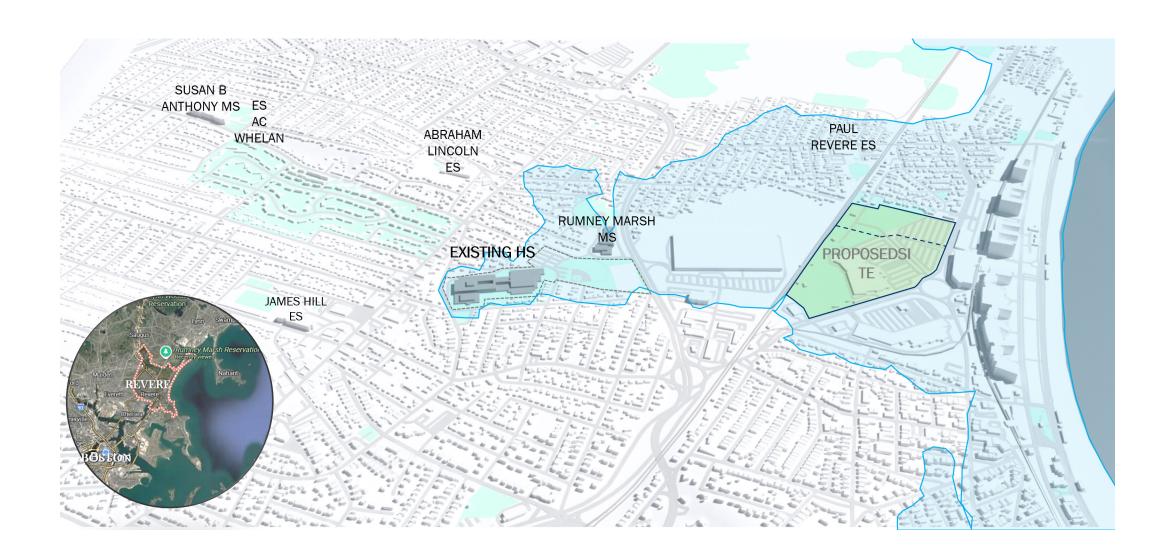
Distributed Ground Source Heat Pumps

Dedicated Outside Air System w/ Energy Recovery & Demand Control

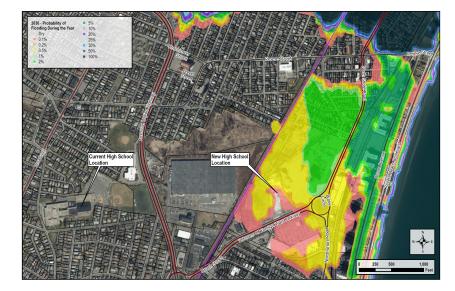
Ground Source Hot Water

Daylight Controls & LED Lighting

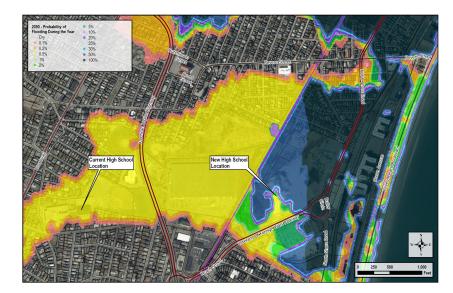
On-site PV



FLOOD RESILIENCE

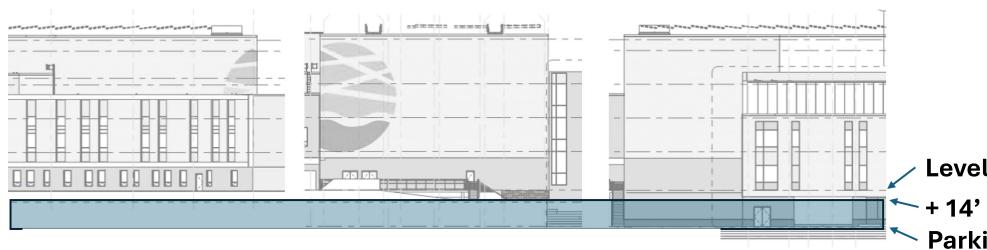


2030 Flood Probability



2050 Flood Probability

FLOOD RESILIENCE



Level 1: + 19' ASL

+ 14' Design Flood Elev

Parking: + 4' ASL



icc 2074

SMART VENT PRODUCTS, INC.

Flood vents protect enclosures by allowing automatic bi-directional water flow that equalizes hydrostatic pressure.

REVERE HIGH SCHOOL

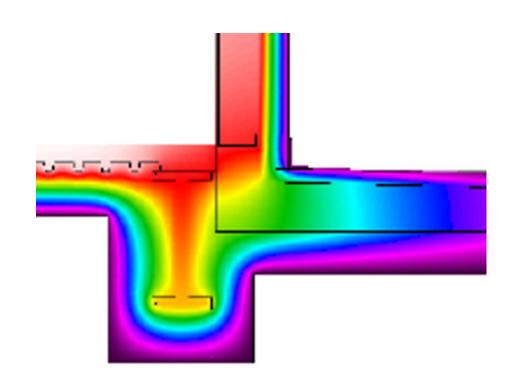
THERMAL BRIDGE CHALLENGE

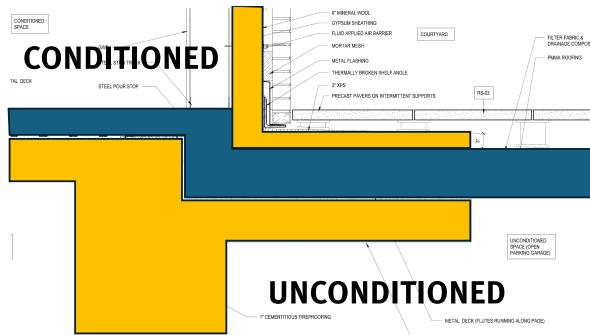
PSi
GYPSUM SHEATHING
FLUID APPLIED AIR BARRIER
FLUID APPLIED AIR BARRIER
COURTYARD
MORTAR MESH
METAL FLASHING
THERMALLY BROKEN SHELF ANGLE
7° XPS
PRECAST PAVERS ON INTERMITTENT SUPPORTS
RS-03
PSi
O.237

Linear Feet

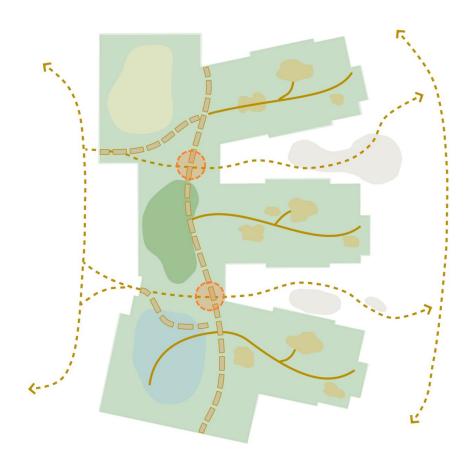
Source EUI Increase 0.07%

581



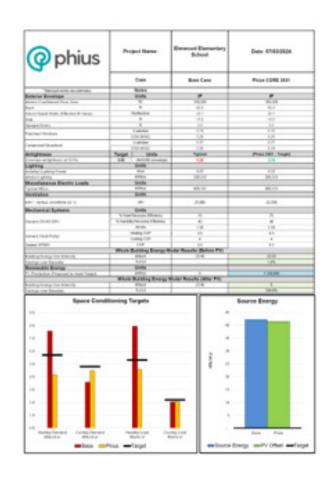


DESIGN PROCESS



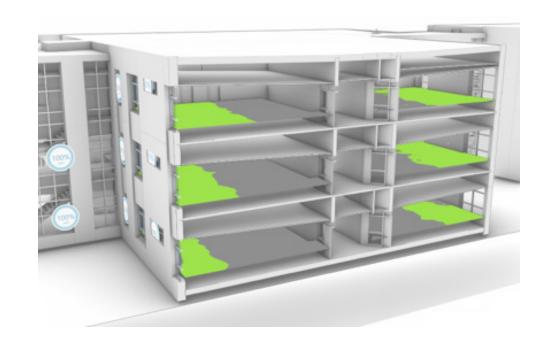
STARTING PRINCIPLES

- East-west orientation for classrooms, relatively compact form
- Con't insulation, reduced thermal bridging
- Optimized window to wall ratio



SET GOAL & BUILD TEAM

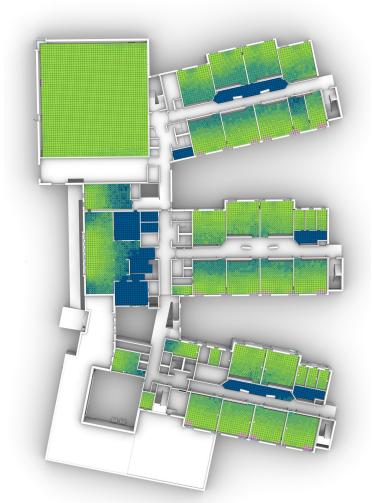
- Hire experienced CPHC & Verifier
- Phius feasibility study
- TEDI vs. Passive House



REFINE THE DESIGN

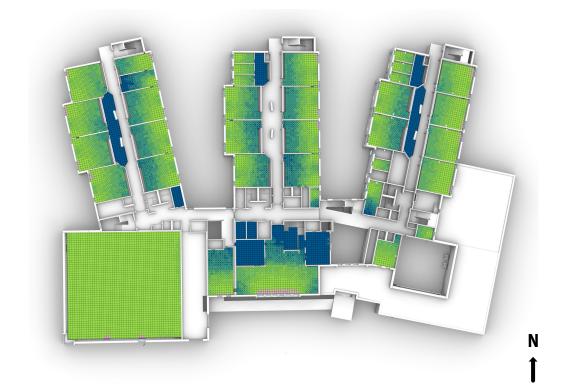
- Windows: size, type, mfr are crucial
- Balance PH with daylight
- Public bidding challenges
- Modeling challenges
- Thermal bridge analysis
- Specs highlight importance of air testing

BENEFITS OF NORTH-SOUTH FACADE ORIENTATION



1

NORTH-SOUTH



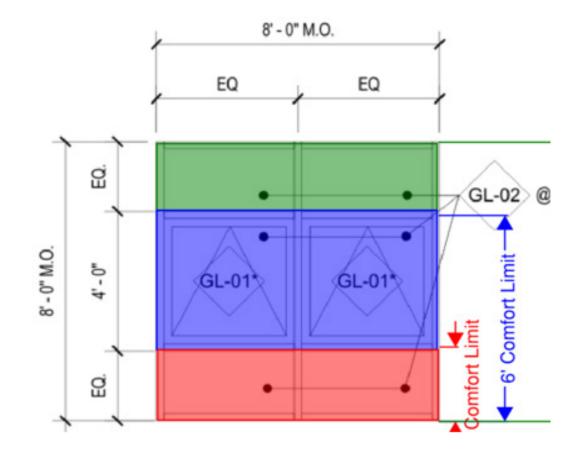
EAST-WEST

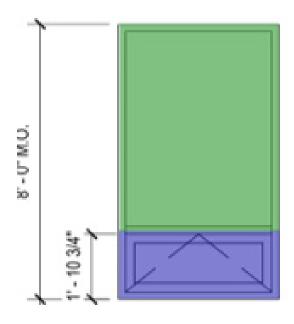
CHARLESWOOD ELEMENTARY

Useful Daylight Illuminance (UDI) +11.7%

Energy Use Intensity (EUI) -0.3%

Heating & Cooling Demand -2.3%





STACKED WINDOWS

- Additive approach to assess each lite
- Area-weighted approach to evaluate the whole window

CONSIDERATIONS WHEN ASSESSING COMPLIANCE

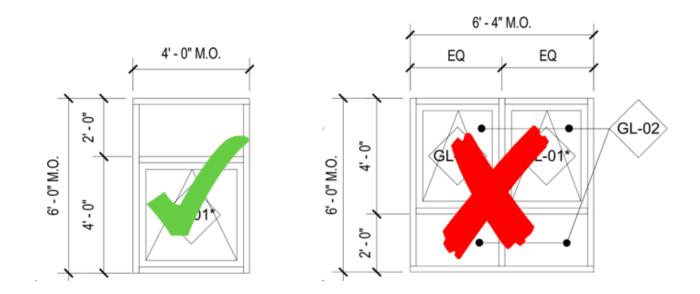
Need window-specific (not standard NFRC) U-factors for all windows before bid is awarded

Different manufacturers have different capabilities for casement/awning

Advantageous to use products in Phius database – but small deviations (changing IGU type, different mullion configuration) mean you <u>can't use</u> the data

Must consider stacked windows as full overall height

Custom climate files stricter than expected



CONSIDER LOCATION AND HEIGHT OF OPERABLE LIGHTS

DESIGN & SELECTING SYSTEM

Use punched windows instead of curtainwall (cost) or storefront (performance)

Consider vinyl or fiberglass

IF USING ALUMINUM

In cold climates, windows no taller than ~6' (whole opening)

Operable Windows: Locating below fixed is better Keep operable height around 3' max

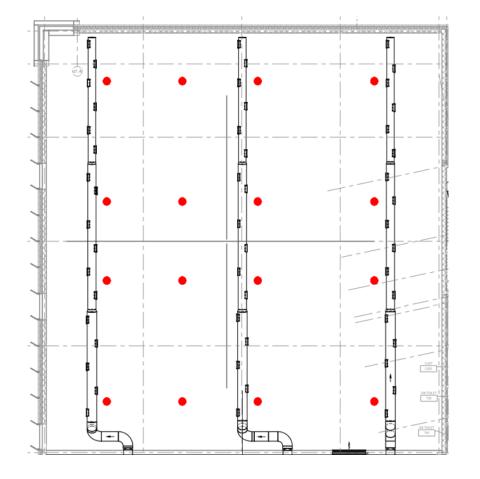
Perimeter heat required if can't reach compliance

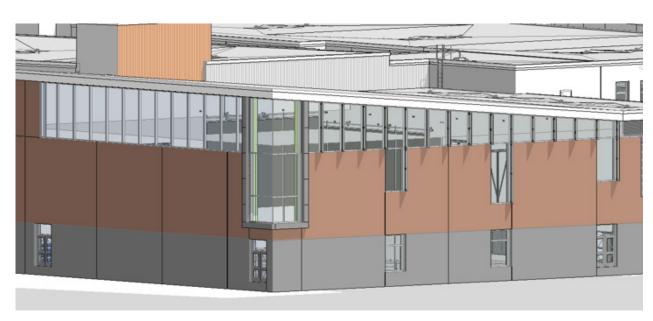
School	Type of window frame		Window U-value passes comfort criteria?
Squantum ES	fiberglass	Cascadia	Yes
Charleswood ES	aluminum	Peerless	No for top fixed panes & operable windows
Revere HS	aluminum	Peerless	Yes

If window does not pass comfort criteria must provide perimeter heating. Diffusers w/i 3ft of window or sufficient throw to be farther away.

PERIMETER HEATING ALTERNATIVE APPROACH

De-stratification

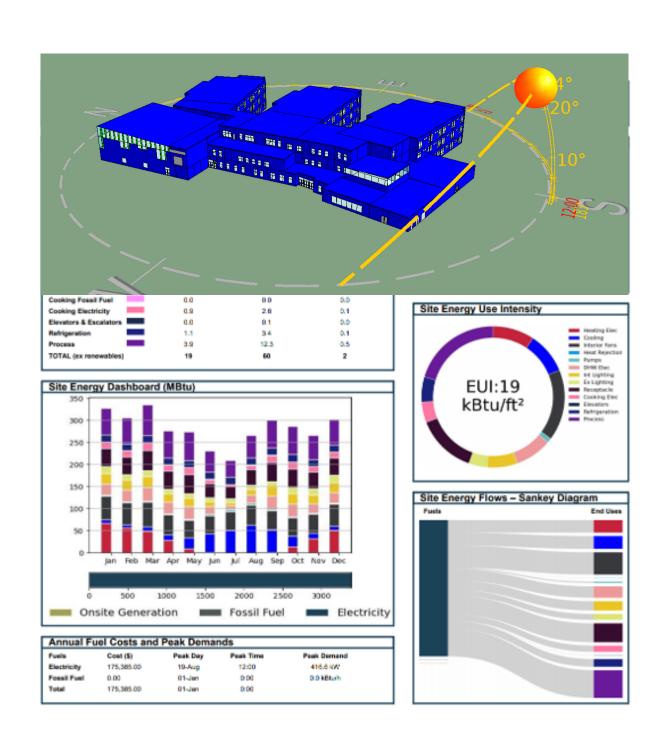






OTHER MEP CONSIDERATIONS

MECHANICAL IMPACTS - ENERGY MODELING



8760 MODEL TIE-IN TO WUFI PASSIVE

IES-VE OUTPUTS

Equipment Lighting Schedules



Heating demand:	5.18 kBtu/ft²yr	1 2	3	4	5 6	7 8	_į 🔷
Cooling demand:	2.76 kBtu/ft²yr	1 2	=	4	5 6	7 8	
Heating load:	4.65 Btu/hr ft²	1	2	3	4	5	
Cooling load:	1.85 Btu/hr ft²	1	2	1 3	4	5	
Source energy:	7.27 kBtu/ft²yr	10	20	30	40 50	60	

VENTILATION & ENERGY RECOVERY

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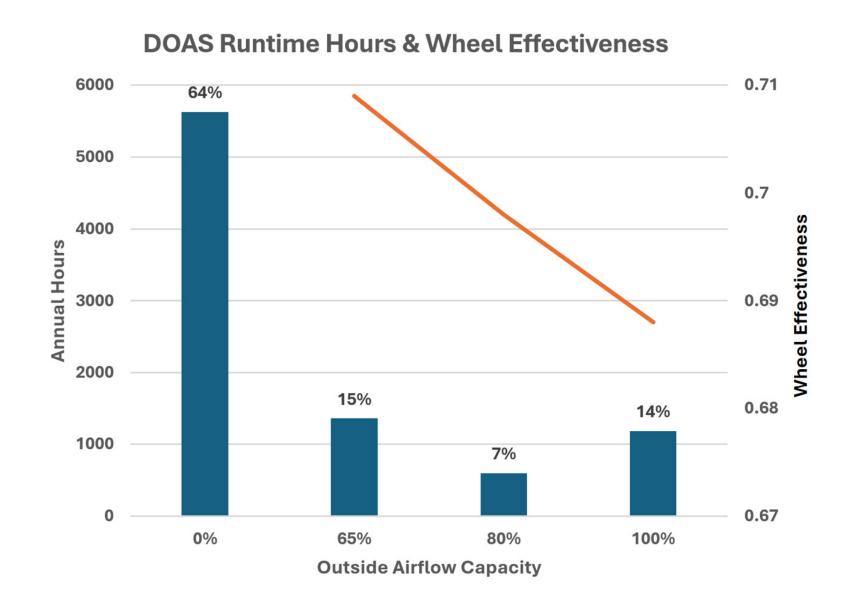
INPUT CONSIDERATIONS

Dedicated Outside Air System

Energy Recovery Wheel Effectiveness

Demand Control Ventilation

VENTILATION & ENERGY RECOVERY



INPUT CONSIDERATIONS

Dedicated Outside Air System

Energy Recovery Wheel Effectiveness

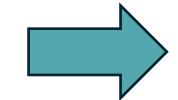
Demand Control Ventilation

Phius MODELING CONSIDERATIONS

OCCUPANCY & UTILIZATION PATTERNS

Calculating Occupancy in Non-Residential Phius projects

Occupant Quantity	210	For input in WUFI the Occupancy > Occupant Quantity
Maximum Occupancy	1,341	For input in the Phius 2021 target setting calculator



Utilization Patterns for WUFI & Occupancy Inputs

Type of Space	Begin Utilization	End Utilization	Annual Utilization Days	Relative Absence	Occupant Quantity for Pattern
Classrooms	7	16	235	0.25	1184
Admin Offices	7	17	235	0.30	8
Janitorial	5	22	235	0.90	5
Food Prep	7	16	180	0.25	9
Gym Staff + Students	0	0	180	0.00	0

Maximum Occupancy per day

Spaces		Start Hours	End Hours	Weeks/yr	Relative Absence	M-F V	Vknd
Students in Classrooms	Classrooms	8	15	32.5	0.25	1200	
Teachers in Classrooms	Classrooms	7	16	32.5	0.25	119.4	
Office Workers	Offices	7	17	40	0.3	7.5	0
Cafeteria Workers	Food Prep	7	16	35	0.25	9	U
Janitorial Staff	Janitorial	5	22	40	0.9	5	
Gym Staff + Students	Gym	15	22	32.5	0.5	63.6	

Phius Criteria & Internal Loads

- Calc early + update
- Phius occ ≠ code occ

VENTILATION APPROACH

	Whole Building Energy Model?	Performance Criteria Buffers	Ventilation Approach
Squantum ES	OpenStudio	None	DCV Protocol
Charleswood ES	IES-VE model	Moderate	Utilization patterns by space type using IES-VE model
Revere HS	Not yet	High	Utilization patterns by device (and space type) using logical early estimates

UNDERSTAND AND MODEL TYPICAL OPERATION

Different space types

Diversity of space use (unlike residential)

+ Project criteria & buffer

VENTILATION APPROACH #1: UTILIZATION PATTERNS

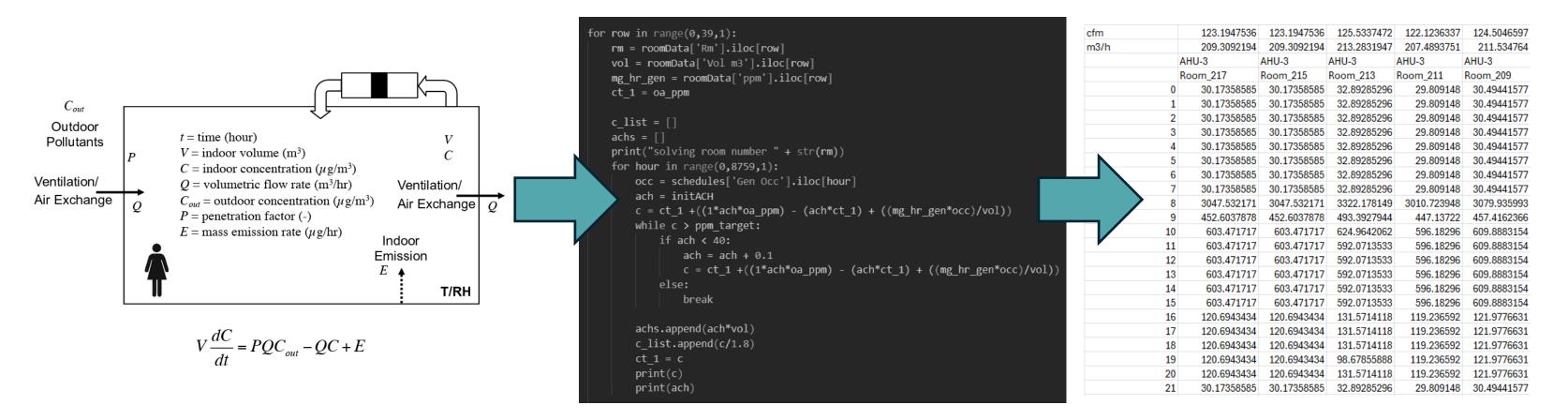
Space Type	Max cfm	# of spaces	Total cfm	# of days/week	# of weeks/yr	Hours at 0%	Hours at 50%	Hours at 75%	Hours at 100%	total hours "on"
Admin/Office	30	50	1,500	7	38	16	0	8	0	8
Classroom	340	54	18,360	7	38	18	1	5	0	6
Gym	6,700	1	6,700	7	38	17	6	0	1	7
						Hours at 0%	Hours at 33%	Hours at 66%	Hours at 100%	
Cafeteria	3,500	1	3,500	7	38	16	4	2	2	8
						Hours at 0%	Hours at 25%	Hours at 65%	Hours at 100%	
Kitchen	4,845	1	4,845	5	38	21	1	2	0	3

Utilization pattern Rooms ventilation	Summer ventilat	ion Exhaust ventila	
Name	Operating days per week [d/week]	Operating weeks per year [week/a]	
Admin/Office	7	38	
Classroom	7	38	
Gym	7	38	
Cafeteria	7	38	
Intermediate results Supply air due to persons [cfm] Total extract air demand [cfm]		3762 30060	
Design air flow rate [cfm]		30060	
Average air flow rate [cfm]		4470.93	
Average air change rate [1/hr]		0.12	
Additional data: Admin/Office Setting	Daily operation schedule [h]	Fraction of design air flow [-]	
Maximum	0	1	
Standard	8	0.75	
Basic	0	0.50	
Minimum	16	0	

VENTILATION APPROACH #2: DCV PROTOCOL

Step 1: Phius (Al Mitchell) developed DCV protocol spreadsheet

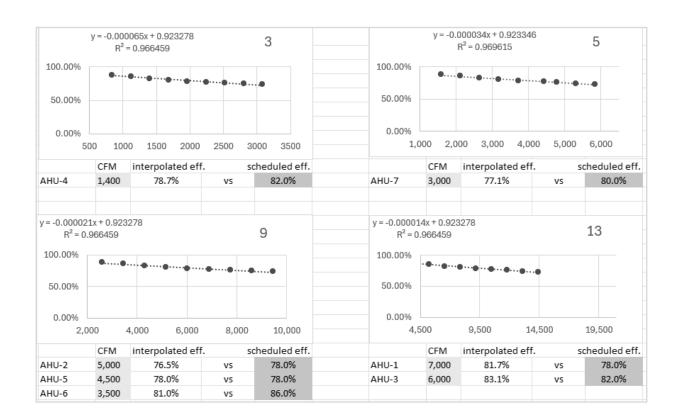
- Discretized indoor environment dynamic mass balance equation
 - Ventilation x pollutants
 - CO2 generation for the occupants: L/s > PPM
- GitHub Repo + python: iterative loop
- Ventilation in each space



VENTILATION APPROACH #2: DCV PROTOCOL

Step 2: TT used manufacturer data + spreadsheet to generate new sensible recovery efficiencies (SREs)

		Model Number: TE (CFM)						
EFFECTIVENESS	3	5	9	13				
88%	840	1,590	2,580	3,930				
86%	1,120	2,120	3,440	5,240				
82.5%	1,400	2,650	4,300	6,550				
80.5%	1,680	3,180	5,160	7,860				
78.5%	1,960	3,710	6,020	9,170				
77%	2,240	4,420	6,880	10,480				
76%	2,520	4,770	7,740	11,790				
74.5%	2,800	5,300	8,600	13,100				
73.5%	3,080	5,830	9,460	14,410				



			AHU-1					AHU-2					AHU-3		
per m3/h	CFM	Frac	Freq	Bin Eff%	Weighted Eff%	CFM	Frac	Freq	Bin Eff%	Weighted Eff%	CFM	Frac	Freq	Bin Eff%	Weight
0.5886	5,430	9,226	6724	88%	67.6%	2,580	4,383	6,724	88%	67.6%	5,430	9,226	8,498	88%	85.49
	7,240	12,301	1774	86%	17.4%	5,160	8,767	1,174	80.5%	10.8%	7,240	12,301	-	86%	09
	9,050	15,376	0	82.5%	0%	6,020	10,228	599	80.5%	5.5%	9,050	15,376	208	86%	29
Hrs	10,860	18,451	0	82.5%	0%	6,880	11,689	1	80.5%	0.0%	10,860	18,451	-	86%	0%
8759	Ove	rflow	261	82.5%	2.46%	Ove	erflow	261	80.5%	2.40%	Ove	rflow	53	86%	0.52%
		Max OA	DCV OA		87.4%		Max OA	DCV OA		86.3%		Max OA	DCV OA		87.99
cfm		7,000	2,595				5,000	1,929				6,000	1,592		
m3/h			4,409					3,277					2,705		
0			370.76					222.59					276.61		
1			370.76					222.59					276.61		
2			370.76					222.59					276.61		
3			370.76					222.59					276.61		
4			370.76					222.59					276.61		
5			370.76					222.59					276.61		
6			370.76					222.59					276.61		
7			370.76					222.59					276.61		
8			148304.40					89034.97					110644.58		
9			6093.53					4017.85					4166.80		
10			12013.93					10921.05					7115.07		
11			11205.72					8673.43					6540.13		
12			11169.09					8684.02					6562.72		
13			11269.94					8748.63					6540.57		
14			11154.01					8733.36					6597.88		
15			11147.41					8874.90					6584.83		
16			2223.54					1755.28					1328.25		
17			2258.52					1726.35					1328.25		
18			2187.22					1755.28					1328.25		
19			2294.84					1755.28					1295.36		

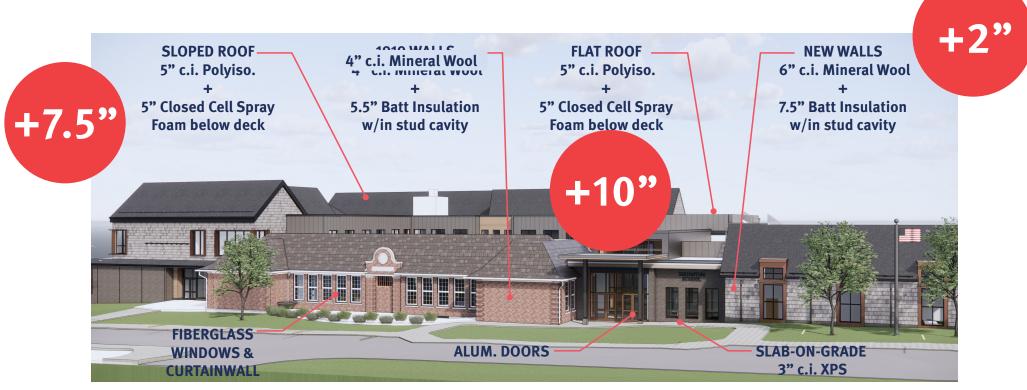
VENTILATION APPROACH #2: DCV PROTOCOL

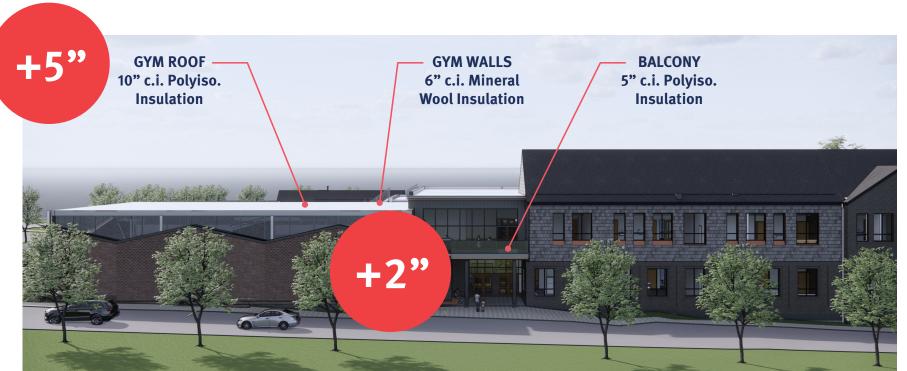
Step 3: Use new SREs in WUFI Passive

AHU	Design OA	Min OA	Mechanical Schedule	New
	CFM	CFM	SRE	SRE
1	7,000	2,000	78%	87.4%
2	5,000	1,300	76%	86.%
3	6,000	1,700	82%	87.9%
4	1,400	300	83%	86.7%
5	4,500	1,000	78%	86.3%
6	3,500	1,000	86%	86.7%
7	2,400	750	80%	86.2%

WHOLE LIFE CARBON

SQUANTUM SCHOOL





EMBODIED CARBON IMPACT

Phius design 3,214 MTCO2e

Typical net zero design 2,956 MTCO2e

Embodied Carbon: +9%

Annual Operational Carbon: - 7%

Whole Life Carbon: + 2%

CHARLESWOOD ELEMENTARY

	ENVELOPE EMBODIED CARBON	HVAC EMBODIED CARBON	OPERATIONAL CARBON
DOUBLE TO TRIPLE PANE IGU 42.4 kgCO ₂ e/m ² Reduction	kgCO ₂ e/m ² + 2.2	kgCO ₂ e/m ² - 2.9	kgCO ₂ e/m ² - 41.7
R-18 TO R-25 MIN WOOL 8.8 kgCO ₂ e/m ² Reduction	+ 0.7	- 0.2	- 9.3
ADD R-15 XPS AT SLAB 14.5 kgCO ₂ e/m ² Reduction	+ 4.1	- ~6	- 18.6

COMPARED TO IECC 2021 PRESCRIPTIVE CODE OVER 60 YEARS

THANK YOU!

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OTHER MISC CALCULATIONS

Run Time for Dryer				
hours/day	4			
days/week	5			
weeks/year	38			
hours/yr	760			
mins/yr	45600			

Run Time for Aux Energy							
	General EF-1,2	Kitchen KEF-1,2					
hours / day	·	3					
days / week	5	5					
weeks / year	38	38					
hours / year	1520	570					
khr / year	1.52	0.57					
minutes/y ear	91,200	34,200					

Type of Occupant	# ppl	gal/day/ea	gal/day	Notes
Students	1140	5	5700	
Teachers	122	5	610	
Food Prep	9	10	90	
Janitorial Staff	5	10	50	DHW at 110F (60 F delta from 50F)
			0	
			0	
		Summed Total	6450	1
		Calculated Total	4300	DHW at 140F (90 F delta from 50F)
Office / Admin	7	3.2	22	DHW at 140F (90 F delta from 50F)
Total	1283		4322	DHW at 140F (90 F delta from 50F)
			3.4	effective gal/p.day for WP model (at 140F)
Total DHW taps in the building				
272				
Type of Occupant	# ppl	# HW taps opened/person/day	WUFI - Tap openings/person.day	Notes
Students	1140	10	0.03	
Teachers	122	10	0.00	
Food Prep	9	20	0.00	
Janitorial Staff	5	20	0.00	averages per occupancy group
Office / Admin	7	3	0.00	
			0.00	
			0.00	
Total	1283		0.04	effective hot water-tap openings/p.day for WP mode

