

Getting the Most from Air-Source Heat Pumps

North American Passive House Conference Boston, September 2018 Robb Aldrich, <u>raldrich@swinter.com</u>

0////

Steven Winter Associates, Inc. NEW YORK, NY | WASHINGTON, DC | NORWALK, CT

866.676.1972 | SWINTER.COM

⁹ Steven Winter Associates, Inc. 2018

We're talking about...





- Air to Air
- Split (mostly mini)

Inverter

Mostly ductless



Basic Operation



We're not talking about... VRF (variable refrigerant flow) Modular outdoor units, ~6-12 tons typ. Many indoor units, many types





Looks good on paper...

DOE-funded study (2013-14) – 10 homes, ductless, cold winter – Average COP: 2.0 – COP range: 1.0 – 2.3

https://www1.eere.energy.gov/buildings/publications/pdfs/building_america/inverter-driven-heat-pumps-cold.pdf

MA Utility Study

- ~100+ homes, ductless
- 2014-15, cold, record-breaking snow
 Median COP: 1.7
 - COP Range: <1, >5
- 2015-16, absurdly mild

 Median COP: 2.5
 COP Range: <1, >5

http://ma-eeac.org/wordpress/wp-content/uploads/Ductless-Mini-Split-Heat-Pump-Impact-Evaluation.pdf



Snow & Ice



Outdoor Unit





Outdoor Units





Other Heat Pumps





Stacked Outdoor Units





Under Deck











Piped Solution?





Indoor Units











Same HP- Different Results



Western MA HDD65: 6,929 Design Temp: 2°F SCOP: 1.6

Near Burlington, VT HDD65: 7,956 Design Temp:-4°F SCOP: 2.3



Heat Output – 1.5 ton



Size to Load!

- Low fan speed cripples **ductless** capacity and efficiency.
- Study in test homes found forcing ductless HP in HIGH speed increased COP by 60%

www.levypartnership.com/s/65436.pdf

Multi-Split

• MA Study:

More Fan Coils = Less Efficient!

- Oversizing likely reason
- 1 head/bedroom is oversized!
 <u>Esp. with low loads</u>!



Consider Ducted (Mini or Otherwise)



- 9-18 kBtu/h
- Some very low pressure
- Cost ~2x ductless fan coil

Ductless Mini-Splits





Use Right Equipment!

NEEP:

- 1. Guide to Sizing & Selecting ASHPs in Cold Climates http://www.neep.org/sites/default/files/Sizing%20%26%20Selecting%20ASHPs %20In%20Cold%20Climates.pdf
- 2. Guide to Installing ASHPs in Cold Climates <u>http://www.neep.org/sites/default/files/Installing%20Air-</u> <u>Source%20Heat%20Pumps%20in%20Cold%20Climates.pdf</u>
- 3. Cold-Climate ASHP Performance Specification <u>http://www.neep.org/initiatives/high-efficiency-products/emerging-</u> <u>technologies/ashp/cold-climate-air-source-heat-pump</u>

Look at expanded performance data – not (only) nameplate ratings



Installation

- Locate indoor unit
- Locate outdoor unit
- Pay attention to water/ice/snow
- Pay attention to line set lengths
- Make good connections
- Evacuate and leak test
- Charge properly!



One More Study...

- Efficiency Vermont
- 70+ ductless heat pumps, 2015-17
- Average heating COP: 3.0

Per evaluators:

- HPs installed very well
- HPs sized properly
- HPs operated properly very savvy owners

http://publicservice.vermont.gov/sites/dps/files/documents/Energy_Efficiency/Reports/Evalu ation%20of%20Cold%20Climate%20Heat%20Pumps%20in%20Vermont.pdf

Thank you!

Thanks to:

- U.S. DOE Building America Program
- Efficiency Vermont
- Massachusetts & Rhode Island Utilities
- NEEP
- Homeowners participating in the studies
- PHIUS

Robb Aldrich raldrich@swinter.com



Steven Winter Associates, Inc. 61 Washington St. Norwalk, CT 06854 203-803-5097 (m)

