

### **Passive House Learning Curve:**

#### Learned and Applied Over 10 Years of Passive House and High-Performance Building



#### **Stephen DeMetrick**

- Principle: DeMetrick Housewrights
  - Certified Passive House Builder



#### **Jon Erickson**

- Certified Passive House Builder Trainer
  - Certified Passive House Consultant
    - Certified Passive House Verifier
      - **RESNET HERS Rater**
- ACCA Certified Residential HVAC Design





#### Charlestown, Rhode Island 1,797 sqft.





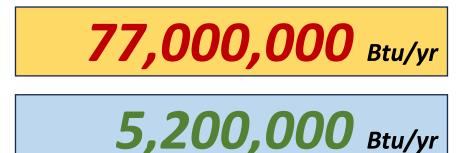
# **Energy Modeling**



Charlestown, RI – 1,797 sqft.

**RI SBC Minimum** 

As-Built



# 94% reduction

71,800,000 Btu/yr



### **Annual Heating Consumption**

Charlestown, RI – 1,797 sqft.

71,800,000 Btu/yr

94% reduction

785 gallons propane

**\$2,675** @ \$3.40/gal



HEATING (1,797 sqft)		
Design Load (kBtu/hr)	Annual Load (Btu/yr)	Annual Consumption (Btu/yr)
50,300	72,700,000	77,000,000

Slab	R10U, 2'
Walls	R21
Windows	U.35, SHGC.30
Ceiling	R38
Airtightness	5.00 ACH <sub>50</sub>

Ductwork	8% (outside)
Hot water	95% instant
Heating	96% furnace
Ventilation	Bath fan
Appliances	Energy Star

103,900,000

HEATING (1,797 sqft)		
Design Load (kBtu/hr)	Annual Load (Btu/yr)	Annual Consumption (Btu/yr)
50,300	72,700,000	77,000,000
43,900 55,800,000 59,300,000		

Slab	R10U, 2'	$\longrightarrow$	R20U all, R15
Walls	R21		
Windows	U.35, SHGC.30		
Ceiling	R38		
Airtightness	5.00 ACH <sub>50</sub>		
Ductwork	Q0/ (outsido)		

Ductwork	8% (outside)
Hot water	95% instant
Heating	96% furnace
Ventilation	Bath fan
Appliances	Energy Star



103,900,000

86,900,000

HEATING (1,797 sqft)		
Design Load (kBtu/hr)	Annual Load (Btu/yr)	Annual Consumption (Btu/yr)
50,300	72,700,000	77,000,000
40,100 46,100,000 49,100,000		

Slab	R10U, 2'	$\longrightarrow$	R20U all, R15P
Walls	R21	$\longrightarrow$	R43 dbl stud
Windows	U.35, SHGC.30		
Ceiling	R38		
Airtightness	5.00 ACH <sub>50</sub>		

Ductwork	8% (outside)
Hot water	95% instant
Heating	96% furnace
Ventilation	Bath fan
Appliances	Energy Star



**TOTAL** Consumption (Btu/yr) 103,900,000 **76,800,000** 

HEATING (1,797 sqft)		
Design Load (kBtu/hr)	Annual Load (Btu/yr)	Annual Consumption (Btu/yr)
50,300	72,700,000	77,000,000
36,800	33,300,000	35,600,000

Slab	R10U, 2'		R20U all, R15P
Walls	R21	$\longrightarrow$	R43 dbl stud
Windows	U.35, SHGC.30	$\longrightarrow$	U.17, SHGC.54
Ceiling	R38		
Airtightness	5.00 ACH <sub>50</sub>		

Ductwork	8% (outside)
Hot water	95% instant
Heating	96% furnace
Ventilation	Bath fan
Appliances	Energy Star



103,900,000

65,300,000

HEATING (1,797 sqft)					
Design Load (kBtu/hr) Annual Load (Btu/yr) Annual Consumption (Btu/yr)					
50,300	72,700,000	77,000,000			
35,500 29,400,000 31,500,000					

Slab	R10U, 2'	$\longrightarrow$	R20U all, R15P
Walls	R21	$\longrightarrow$	R43 dbl stud
Windows	U.35, SHGC.30	$\rightarrow$	U.17, SHGC.54
Ceiling	R38	$\longrightarrow$	R93
Airtightness	5.00 ACH <sub>50</sub>		

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103,900,000

61,300,000

Airtightness	5.00 ACH <sub>50</sub>	
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Ductwork	8% (outside)	
Hot water	95% instant	
Heating	96% furnace	
Ventilation	Bath fan	
Appliances	Energy Star	

HEATING (1,797 sqft)				
Design Load (kBtu/hr) Annual Load (Btu/yr) Annual Consumption (Btu/yr)				
50,300 72,700,000 77,000,000				
24,300 22,200,000 23,800,000				

Slab	R10U, 2'	$\longrightarrow$	R20U all, R15P
Walls	R21	$\longrightarrow$	R43 dbl stud
Windows	U.35, SHGC.30	$\longrightarrow$	U.17, SHGC.54
Ceiling	R38	$\longrightarrow$	R93
Airtightness	5.00 ACH <sub>50</sub>	$\longrightarrow$	0.30 ACH <sub>50</sub>

Ductwork	8% (outside)
Hot water	95% instant
Heating	96% furnace
Ventilation	Bath fan
Appliances	Energy Star



103,900,000

53,400,000



#### What is the primary function of the air barrier?





HEATING (1,797 sqft)				
Design Load (kBtu/hr) Annual Load (Btu/yr) Annual Consumption (Btu/yr)				
50,300 72,700,000 77,000,000				
12,500 17,800,000 18,900,000				

Slab	R10U, 2'	$\longrightarrow$	R20U all, R15P
Walls	R21	$\longrightarrow$	R43 dbl stud
Windows	U.35, SHGC.30	$\longrightarrow$	U.17, SHGC.54
Ceiling	R38	$\longrightarrow$	R93
Airtightness	5.00 ACH <sub>50</sub>	$\longrightarrow$	0.30 ACH <sub>50</sub>
Ductwork	8% (outside)	$\rightarrow$	inside
Hot water	95% instant		
Heating	96% furnace		

Bath fan

Energy Star

Ventilation

Appliances



<b>TOTAL</b> Consumption (Btu/yr)	
103,900,000	
47,800,000	

		H	HEATING (1,797	sqft)	
Desig	n Load (kBtu/hr)	Annual Load (Btu/yr) Annual Consumption (Btu/yr)			Annual Consumption (Btu/yr)
	50,300		72,700,000		77,000,000
	12,500		19,500,000		20,600,000
Slab Walls Windows Ceiling	R10U, 2' R21 U.35, SHGC.30 R38		R20U all, R15P R43 dbl stud U.17, SHGC.54 R93		
Airtightness	5.00 ACH <sub>50</sub>		0.30 ACH <sub>50</sub>		
Ductwork	8% (outside)		inside		- Selection
Hot water	95% instant 🗕		HPHW + distrib		
Heating	96% furnace				<b>TOTAL</b> Consumption (Btu/yr)
Ventilation	Bath fan				103,900,000
Appliances	Energy Star				41,300,000

HEATING (1,797 sqft)				
Design Load (kBtu/hr) Annual Load (Btu/yr) Annual Consumption (Btu/yr)				
50,300	72,700,000	77,000,000		
12,500	19,500,000	6,700,000		

Slab	R10U, 2'	$\longrightarrow$	R20U all, R15P
Walls	R21	$\longrightarrow$	R43 dbl stud
Windows	U.35, SHGC.30	$\longrightarrow$	U.17, SHGC.54
Ceiling	R38	$\rightarrow$	R93
Airtightness	5.00 ACH <sub>50</sub>	$\longrightarrow$	0.30 ACH <sub>50</sub>
Ductwork	8% (outside)	$\longrightarrow$	inside
Hot water	95% instant	$\rightarrow$	HPHW + distrib
Heating	96% furnace	$\rightarrow$	ASHP
Ventilation	Bath fan		
Appliances	Energy Star		



 TOTAL Consumption (Btu/yr)

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<b>RI SBC Minimum</b>		
Annual Load	Annual Consumption	
<b>72.7</b> MMBtu/yr	<b>77.0</b> MMBtu/yr	

### **96%** AFUE gas furnace

As-Built		
Annual Load	Annual Consumption	
<b>15.4</b> ммвtu/yr	<b>5.2</b> ммВtu/yr	

AHRI Efficiency Ratings		
SEER (SEER2) / HSPF (HSPF2) / EER (EER2)		
COP at 47° F / 17° F	4.44 / 3.3	

COP = ratio of useful heating or cooling provided to energy required

HEATING (1,797 sqft)			
Design Load (kBtu/hr)	Annual Load (Btu/yr)	Annual Consumption (Btu/yr)	
50,300	72,700,000	77,000,000	
10,000	15,400,000	5,200,000	

Slab	R10U, 2'	$\longrightarrow$	R20U all, R15P
Walls	R21	$\longrightarrow$	R43 dbl stud
Windows	U.35, SHGC.30	$\longrightarrow$	U.17, SHGC.54
Ceiling	R38	$\longrightarrow$	R93
Airtightness	5.00 ACH <sub>50</sub>	$\longrightarrow$	0.30 ACH <sub>50</sub>
Ductwork	8% (outside)	$\longrightarrow$	inside
Hot water	95% instant	$\longrightarrow$	HPHW + distrib
Heating	96% furnace	$\longrightarrow$	ASHP
Ventilation	Bath fan	$\longrightarrow$	ERV
Appliances	Energy Star		



<b>TOTAL</b> Consumption (Btu/yr)	
103,900,000	
25,100,000	

HEATING (1,797 sqft)			
Design Load (kBtu/hr)	Annual Load (Btu/yr)	Annual Consumption (Btu/yr)	
50,300	72,700,000	77,000,000	
10,000	15,400,000	5,200,000	

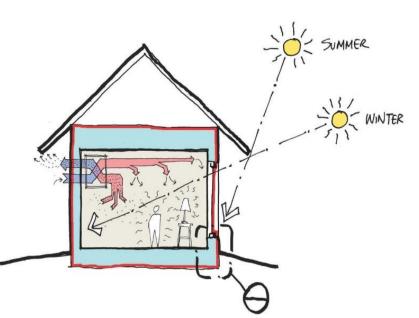
R10U, 2'	$\longrightarrow$	R20U all, R15P
R21	$\longrightarrow$	R43 dbl stud
U.35, SHGC.30	$\longrightarrow$	U.17, SHGC.54
R38	$\longrightarrow$	R93
5.00 ACH <sub>50</sub>	$\longrightarrow$	0.30 ACH <sub>50</sub>
8% (outside)	$\longrightarrow$	inside
95% instant	$\longrightarrow$	HPHW + distrib
96% furnace	$\longrightarrow$	ASHP
Bath fan	$\longrightarrow$	ERV
Energy Star	$\longrightarrow$	HP dryer
	R21 U.35, SHGC.30 R38 5.00 ACH <sub>50</sub> 8% (outside) 95% instant 96% furnace Bath fan	R21U.35, SHGC.30R38S.00 ACH508% (outside)95% instant96% furnaceBath fan



*TOTAL* Consumption (Btu/yr) 103,900,000 *24,100,000* 

### In the beginning...





Courtesy JB Clancy, Albert, Righter & Tittmann Architects

#### What was our focus 10 years ago?

- Air sealing this seemed an impossible metric!
- thermal bridging I think the early WUFI models generated more questions than answers!
- How do we install these European windows?
- is 12" of foam under the slab going to be enough?
- What about the subcontractors? Will the cable guy blow up my blower door number?

### Today with a renewed and refined perspective:



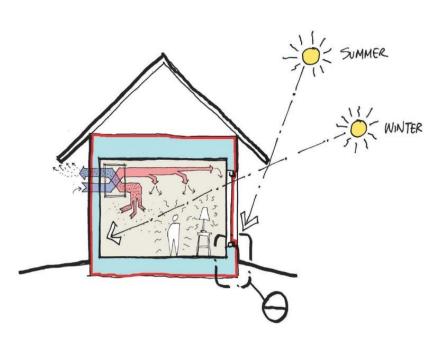
#### What is our focus now?

- Health Ventilation for Indoor air quality and health
- Comfort Engineering our HVAC with a focus on humidity before temperature
- Durability Detailing our assemblies for long term durability and low maintenance – vapor open assemblies
- Sustainability healthy low carbon materials
- Practicality we need to simplify this work to pave the way for the

next generation to make a larger impact, it will be well received if it

makes sense

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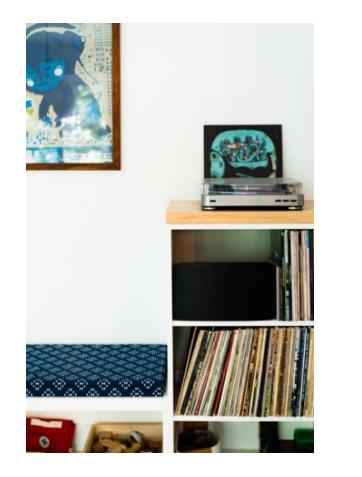
Courtesy JB Clancy, Albert, Righter & Tittmann Architects

### Where do these ideas come together?

# Q

#### 1. Design

90% of the work needs to be planned for here



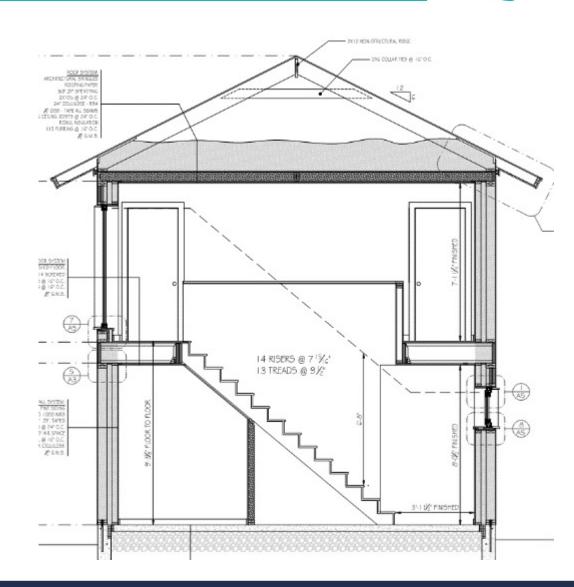
#### 2. Build

This should be the easy part, but there are too many humans involved



## Deep thoughts on the Design Side

- Simple shapes, follow the dimensions of existing building products
- Select materials that are familiar to the trades and less difficult to install, healthy to work with and live with
- HVAC keep it simple and...
  - Design the HVAC into the space
  - Engineer the HVAC this is critical
- Provide critical detail drawings
  - Don't leave crucial decisions to be made in the field
- Problem solve with design choices
  - Layout locate the water heater, kitchens and bathrooms to shorten hot water piping runs
  - Choose an air barrier system and building shapes that don't rely on spray foam



## The key to health and comfort

## **Air Tight with Balanced Ventilation**

# The sheathing is our primary air barrier

Why – this is the easiest and most cost effective system

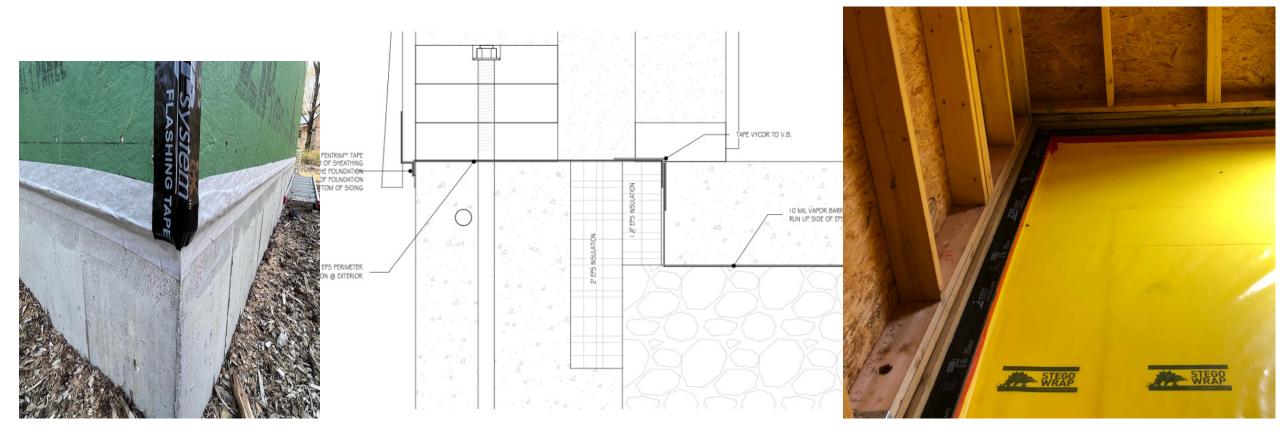


# **(C)** This is why we use the sheathing:

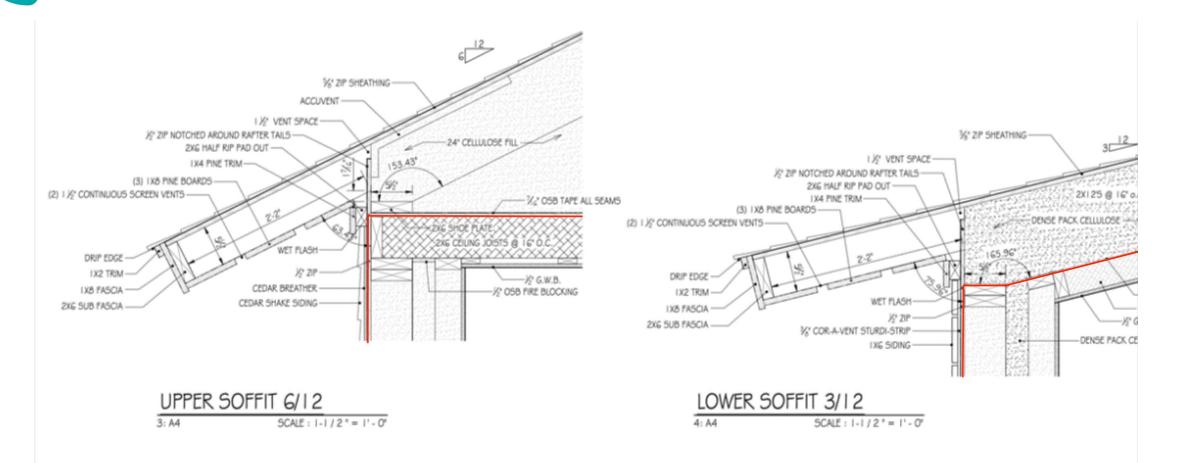


## Air seal at the sill





# **Connect the walls to the ceiling air barrier**



### This is what it looks like:





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## Airtight sheathing blower door numbers



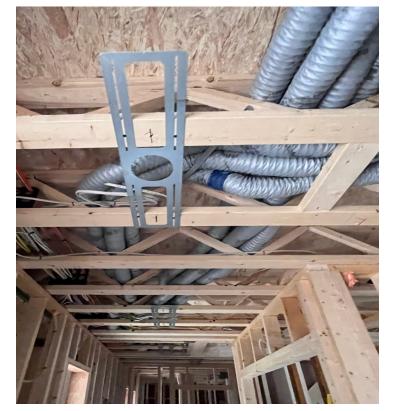




# And balanced ventilation

#### What are we bringing into our homes without good ventilation?







## **Comfort in action**



## This alone is proof that the envelope works!

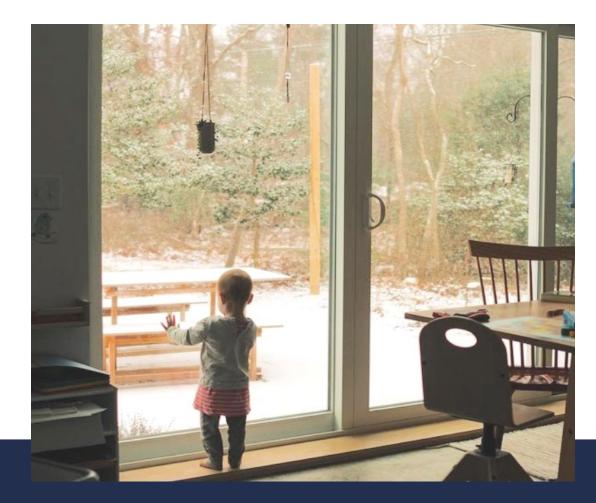


1<sup>st</sup> floor bedroom

Kitchen window

2<sup>nd</sup> floor hall

## **Comfort in action**



- 15 degrees outside
- 68 degrees inside



## Durability

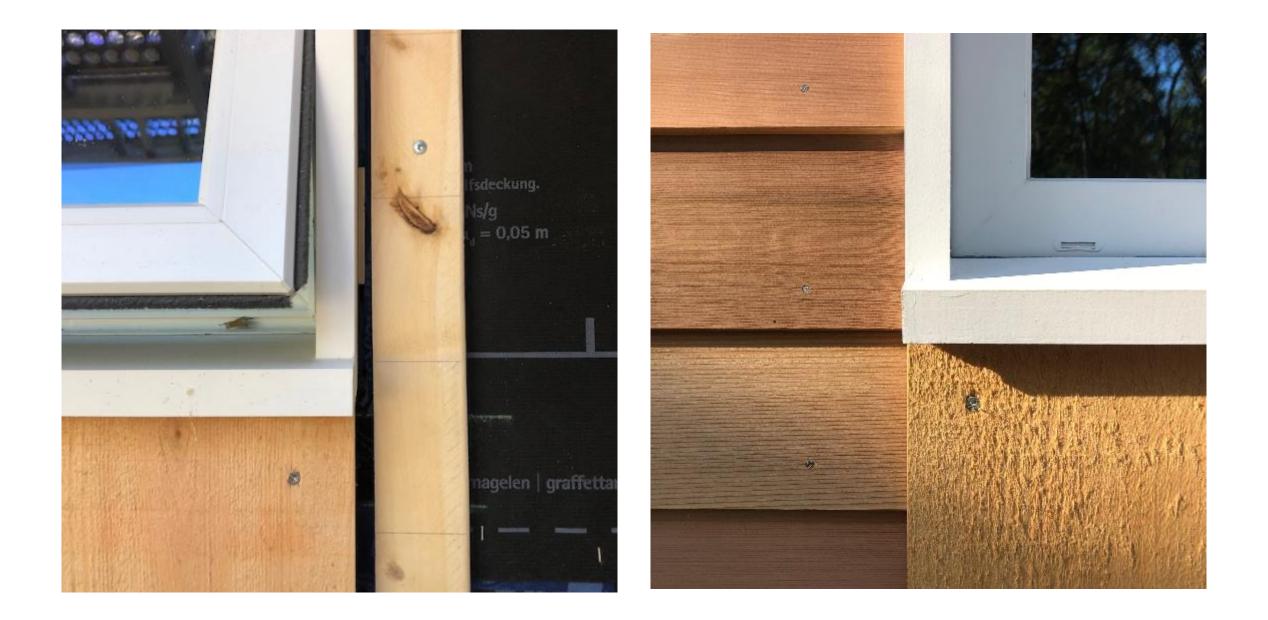
#### The money is in the WRB and Siding

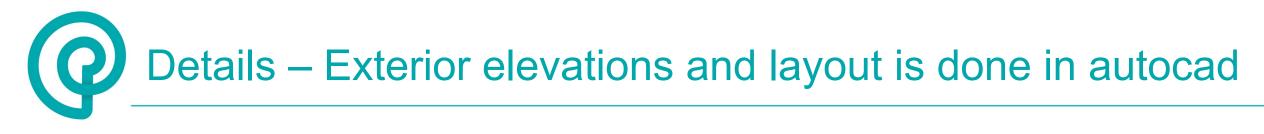


#### All siding is spaced off the WRB with provision for drainage









This reduces labor costs and unintended waste of our building materials





## **Detailing penetrations**



#### This is extremely important stuff for long term durability

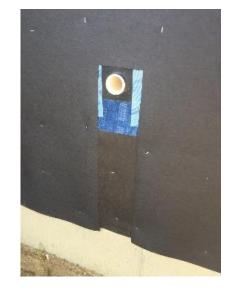










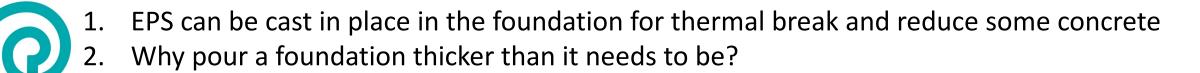


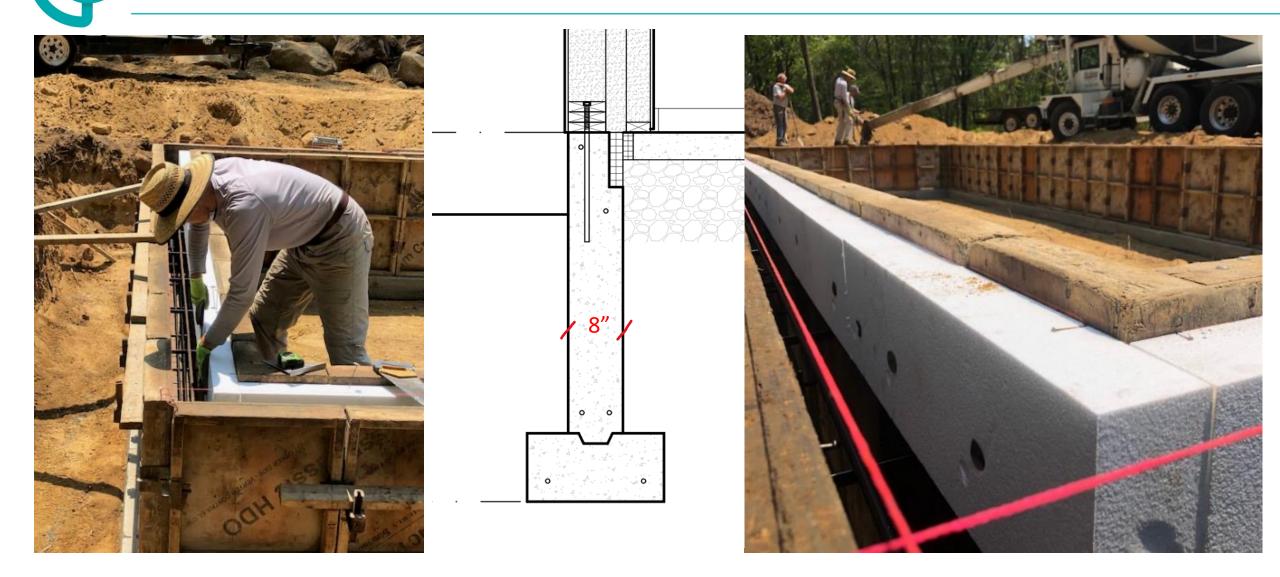




# Sustainability

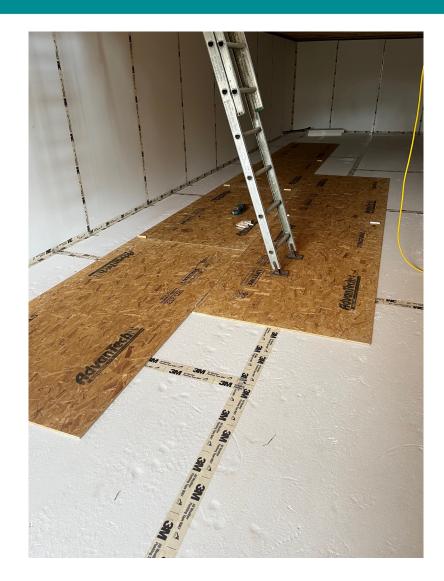
### Its all about simple choices





#### Further reduce concrete in our buildings -Remove the slab





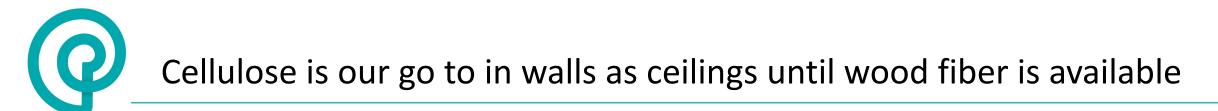




#### Foundation insulation – Glavel if we can get it in time, or recycled EPS



#### Glavel or EPS or Recycled EPS or just stick with Glavel







#### Working with the materials we know



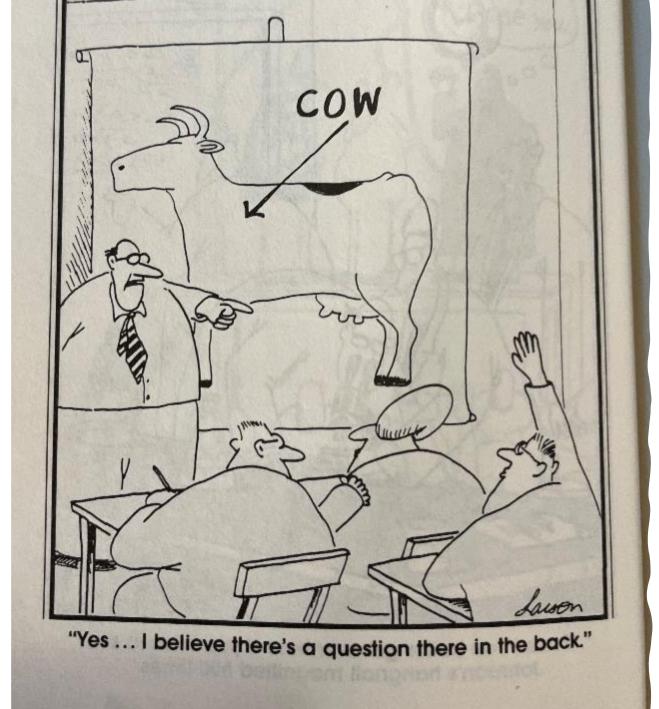
- Building dimensions are based on the sheetgoods we work with
- All exterior trim and siding was designed and layed out based on off the shelf dimensions – we didn't rip any materials to width
- All wood exteriors are carpenter friendly
- All waste is biodegrageable
- The materials are healthy to work with



#### Minimal waste starts with good design and good planning







# Questions?